



Ronald McDonald
House Charities®
Central Ohio

MEAL PROGRAM

The Central Ohio Ronald McDonald House Meal Program is built for groups of volunteers to come into the house and make a meal for the families. For this program, the volunteer groups are responsible for bringing their own food and supplies to make their meal, but will be able to use the kitchen space and cookware. Please review the lists of items below to bring and what not to bring, as well as other general guidelines!

WHAT TO BRING:

- All the ingredients that your meal will require (this includes condiments, seasonings, toppings, etc.).
- Beverages and desserts, if you would like to provide them, but you are not obligated to do so.

WHAT NOT TO BRING:

- Dishes, utensils, and cookware (including pots, pans, cookie sheets, crock pots, etc.).
- Any appliances (see list above of what we have).

GENERAL GUIDELINES & THINGS TO KNOW BEFORE YOUR MEAL:

- Meal groups are suggested to be **12-15 people**, with a minimum age requirement of 14-years-old.
- The number of guests per meals varies, please estimate to bring enough food for the appropriate number of people per meal: **BREAKFAST- 100 people, LUNCH- 100 people, DINNER- 150 people**
- For all meals you can arrive up to 2 hours before your planned serving time, to prepare your meal. We suggest you begin serving: **BREAKFAST- 8:00 A.M., LUNCH- 11:30 A.M., DINNER- 5:30 P.M.**
 - If you require more prep time/a different meal time, please let us know when you sign up.
- Your group will be using our large volunteer kitchen and will have access to the appliances below:
 - 2 commercial-kitchen style gas ovens/stove tops and a steam table to serve your meal.
 - A cooling section at the end of the steam table where you can place food that needs chilled.
 - 2 commercial-kitchen style dishwashers, a kitchen warming chest, and an ice machine.
 - Microwaves and garbage disposals in our smaller family kitchens across the dining room.
- **All food preparation and cooking must be done on RMHC property or in a commercially licensed kitchen in order for us to comply with health and safety regulations.**

INSTRUCTIONS FOR THE DAY OF YOUR MEAL:

- We have a circle drive at our front entrance that you may use while unloading supplies from your car(s).
- After unloading, please park in our gated lot on 17th St., adjacent to the RMH main entrance labeled "Ronald McDonald House and NCH staff only", press the black call button at the gate, and let the operator know you are a meal group.
- Please enter through our front entrance and sign in at the front desk, before heading to the kitchen.

In the event that your group needs to cancel or change your meal, please give us as much notice as possible so that we can make alternate arrangements for our families.

Please email Chef Blair at blair.arms@rmhc-centralohio.org with any questions!