



Ronald McDonald House Charities of Central Ohio creates, finds and supports programs that directly improve the health and well-being of children, and provides more than just a place to stay for the families of seriously ill children so they can be close to their child's hospital and be active in the healing process.

The Columbus RMHC® serves more than

FAMILIES

each year

by providing over

35,000

nights at the House



guest rooms,

including 10 continuing care suites for families whose children need an isolated environment close to the hospital.







How can you get involved?

- volunteer with your people
- enjoy a team building experience
- get inspired
- create a healthy meal for families at RMHC



Ronald McDonald House Charities® **Central Ohio**

rmhc-centralohio.org • 614-227-3700 711 East Livingston Avenue, Columbus, Ohio 43205













We plan 'n' shop. You cook 'n' learn!

Under the experienced direction of our chef, your meal team can easily create a nutritious and delicious meal for families at the Ronald McDonald House!

Prepare a delicious meal for the families of hospitalized children under the guidance of our chef designed with a carefully selected menu full of nutritious ingredients. We'll take care of all of the details, including the food, recipes, and cookware.

Your group of up to 15 volunteers will only need to arrive ready to get busy cooking!

Create lasting memories while making a difference for our families, and each volunteer will get to take home a copy of the recipe!

If you are unable to come to our House but would still like to support our families, we welcome donations of the funds to provide a meal.



Over **4,500 families** rely on RMHC for meals each year

Some families have immune-compromised children. We want to provide them with the best nutrition possible.

In order to purchase the ingredients needed for each meal, Team Cuisine meal groups will make a tax-deductible donation to our House.

Your donation of

\$350 provides 100 breakfast or lunch servings \$450 provides 150 dinner servings

It's easy!

Get started at rmhc-centralohio.org.



For more information, contact **Kate Yeager**,
Director of Volunteer Programs, at **katherine.yeager**@**rmhc-centralohio.org**