

Ronald McDonald House Charities Meal Program Guidelines



RONALD McDONALD
HOUSE CHARITIES®
CENTRAL OHIO

Thank you for your interest in providing a meal for families at the Ronald McDonald House! Having a child in the hospital can be the difficult for any family, and even the smallest chores become additional stress. When you provide, prepare, and serve a meal for our families, you are providing a wonderful, home-cooked meal for them to enjoy. Not only that, but you are relieving them of one less worry in their already stressful day. Please use the following guidelines when planning your meal.

For more information or to schedule your meal, please visit www.rmhc-centralohio.org/meals.php

All food preparation and cooking must be done on RMHC property or in a commercially licensed kitchen in order for us to comply with health and safety regulations.

Your Volunteer Group

Since meal groups share kitchen space with families, we suggest that meal groups are no larger than 12-15 volunteers. A minimum of two volunteers is suggested. If children are in your group, they must stay with their parent/guardian at all times.

Number of Servings to Prepare

The number of people that attend meals varies. Here are general estimates of how many people for which you should prepare the meal.

• Breakfast: 100 people

• Lunch: 100 people

• Dinner: 150 people

Meal Service Times

For all meals, you may arrive up to two hours before your planned serve time for preparation. If you require more prep time, or a different serving time, please mention this when you schedule your meal. Below are the times we suggest you plan to begin serving the meal.

• Breakfast: 8:00 AM

• Lunch: 11:30 AM

• Dinner: 5:30 PM

What to Bring

Please bring all the ingredients that your meal will require. This includes condiments, seasonings, toppings, etc. If you would like to provide beverages or dessert, you are welcome to do so, but certainly not obligated. Coffee is always provided to our families; vending is available for the purchase of all other beverages.

What Not to Bring

We have a very large variety of dishes, utensils, and cookware, including pots, pans, cookie sheets, crock pots, etc. You are welcome to use these items to prepare and serve your meal. There are a total of eight kitchens in our dining area, each with a sink, stove, and dishwasher available for your use. We also have two grills on the back patio.

What to Expect Upon Your Arrival

We have a circle drive at our front entrance that you may use while unloading supplies from your car(s). Once you have finished unloading, please park in the gated lot on 17th Street, adjacent to RMHC main entrance, labeled NCH Staff/Ronald McDonald House Guests. Press the red call button and let the operator know you are a meal group. When you enter the building, the first sliding glass door is automatic. The second is not, so you will need to be let in by the volunteers at the front desk. Please sign in at the front desk and volunteers will assist you from there. If this is your first visit to the Ronald McDonald House, please let us know so that you may take a tour of the House while you are here.

***** In the event that your group needs to cancel or change your meal, please give us as much notice as possible so that we can make alternate arrangements for our families.***